



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SEPTEMBER 2021 SENIOR CENTER HAPPENINGS

The Senior Center is open Monday and Friday every week from 11:15am to 2:00pm. Make friends and have fun!

WEEKLY FITNESS ACTIVITIES:

- **Y-B Fit**
Monday/Wednesday/Friday
7:45am (Senior Center)
- **Building Fit Friends**
Monday/Wednesday/Friday
10:30am (Fitness Room)
- **Silver Sneakers**
Tuesday/Thursday
10:30 am (Fitness Room)
- **Senior Dance**
Begins September 13
Monday @ 12:30 pm
(Fitness Room)

For more information, contact
Carla Patino at 219-926-4204
or cpatino@dunelandymca.org



Duneland Family YMCA is
a United Way of Porter
County Partner Agency

SEPTEMBER SPECIAL EVENTS:

- **Kite Fly or Try**
Wednesday, September 1 @ 11:45am (Senior Center)
- **Bingo Hosted by First Light & Home Care**
Friday, September 3 @ 11:45am (Senior Center)
- **LABOR DAY - CLOSED**
Monday, September 6 - Happy Labor Day!
- **Bingo**
Friday, September 10 @ 11:45 am
- **Arts & Crafts Fun with Michele - Lunch provided by Strack & Van Til and materials provided by Southshore Arts**
Monday, September 13 @ 11:45 am
- **Potluck Lunch - Bring a dish to share!**
Thursday, September 16 @ 12:00 pm
Presentation by: Financial Advisor — Edward Jones
- **Bingo hosted by Brookdale Senior Living**
Lunch & prizes provided
Monday, September 17 @ 11:45 am
- **Mexican Train Game - Lunch Provided**
Monday, September 20 @ 11:45 am
- **Lunch Trip to Martinis - Tour of Opportunity Enterprises.**
Transportation provided by Chesterton United Methodist.
Wednesday, September 22 @ 11:45 am
- **Bingo**
Friday, September 24 @ 11:45 am
- **Movie Day - Lunch will be provided**
Monday, September 27 @ 11:45 am
- **Mexican Train Game hosted by Symphony of Chesterton**
Wednesday, September 29 @ 1:30 pm at Symphony of Chesterton, prizes provided

Thank you to Story Point & Brookdale for donating all prizes for Sept. 2021. Also Strack & Van Til for lunch on Art Day!

DUNELAND FAMILY YMCA

215 Roosevelt St. Chesterton, IN 46304

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